

May-August 2024

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# A Note from the Director

As we approach summer 2024, we aim to create lasting experiences for our community. Once again, our team is looking forward to another great summer with you in our beautiful spaces.

This summer is a special one as we begin to envision new possibilities for our beloved outdoor pool. City Council recently approved funding for the design of a newly imagined space that will continue the 40-plus year tradition we've established here enjoying the summer sun at the Rec. Be on the lookout for community input opportunities as we dream up the new facility.



From our Rec family to yours, we hope you have a great summer in Blue Ash!

Brian Kruse and your Recreation Staff

#### INTRODUCTION TO JUNIOR GOLF CLINIC



- Wednesday mornings for 4 weeks
- Ages 7 to 12
- Golf basics taught in a fun atmosphere
- Each participant receives a gift
- \$125 per child

#### TWO SESSIONS TO CHOOSE FROM

June 5, 12, 19 and 26
OR
July 10, 17, 24 and 31
SPOTS ARE LIMITED!!
TO RESERVE A SPOT CALL 513.686.1280

#### **DEPARTMENT INFORMATION**

Recreation (513) 745-8550 Recreation Fax (513) 745-8527 Summit Park Events (513) 745-8644 Summit Park Maintenance (513) 985-3747 Golf Course (513) 686-1280 Facility Rentals (513) 745-6262 Sandtrap Grill (513) 686-1211 Sports Center Field Conditions (513) 395-8011 **Sports Center Twitter** @basportscenter Cooper Creek Event Center (513) 745-8596 E-Mail recreation@blueash.com

Website

#### **BUILDING HOURS**

Monday-Friday 6am-9:30pm Saturday 8am-8:30pm Sunday 10am-6:30pm

#### **HOLIDAY HOURS**

Monday, May 27
Thursday, July 4
Monday, September 2
10am-7pm
10am-7pm
10am-7pm

#### **TOT ROOM**

Reservations are required at <a href="https://www.blueash.com/totroom">www.blueash.com/totroom</a>.

Monday-Friday9am-1pmMonday & Wednesday5pm-8pmSaturday-SundayClosed



The Tot Room is a fun, supervised environment for children to play and interact with other children while parents/guardians are at the Recreation Center. Children under 2 years old can stay for 1 hour, children 2 to 9 years old can stay for up to 2

summitpark@blueash.com

blueash.com

hours per day, and children must be at least 6 weeks old to use Tot Room.

Parent/guardian must remain on the premises and be readily accessible at all times.

#### **MEMBERSHIP INFORMATION**

Visit <u>www.blueash.com/rec</u> or stop by the Welcome Desk for a Facility Brochure.



blueashrecreation





#### AT THE BLUE ASH RECREATION CENTER POOL

SATURDAY, JULY 13

POOL **GAMES** 7-9PM

MINIONS THE RISE OF GRU

\*Open to members and their guests. Guest fees apply.





Stephen Hillenburg

**Kyle Jarrow** 

**ORIGINAL SONGS BY** 

Yolanda Adams, Steven Tyler and Joe Perry of Aerosmith, Sara Bareilles, Jonathan Coulton, Alex Ebert of Edward Sharpe & The Magnetic Zeros, The Flaming Lips, Lady A, Cyndi Lauper, John Legend, Panic! At the Disco, Plain White T's, They Might Be Giants, T.I.

AND SONGS BY

**David Bowie, Tom Kenny and Andy Paley** 

ADDITIONAL LYRICS BY **Jonathan Coulton** 

ADDITIONAL MUSIC BY \_\_\_ MUSICAL PRODUCTION Tina Landau

June 6, 7, 8, 9, 12, 13, 14 & 15

#### 7:30 PM each evening

Blue Ash Recreation Center Tom Stone Amphitheater Bring a lawn chair or blanket! 4433 Cooper Road, Blue Ash, OH

esptheater.org | 513-891-8878

THE EAST SIDE PLAYERS **PRODUCTION OF** 



**ALAN MENKEN** 

**HOWARD ASHMAN &** 

LINDA WOLVERTON

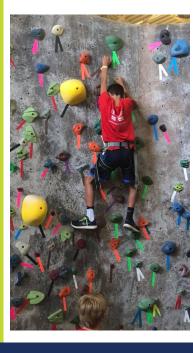
**ROB ROTH** 

**DISNEY THEATRICAL PRODUCTIONS** 

August 1, 2, 3, 4, 7, 8, 9 & 10

Blue Ash Recreation Center Tom Stone Amphitheater Bring a lawn chair or blanket! 4433 Cooper Road, Blue Ash, OH

esptheater.org | 513



#### OPEN TO THE PUBLIC! HOURS

Monday - Friday 5:30pm-8:30pm Saturday - Sunday 12pm-4pm

#### **ADMISSION RATES**

10-Visit Punch Pass \$40

1-Day Pass \$5 per person Belay Certification

\$10 per person (free for members)

FREE CLIMB FOR RECREATION

CENTER MEMBERS

ON MONDAYS!

All passes include equipment rental: harness, belay device, carabiner, and shoes (certain sizes may not be available).

Fitness Center members may access bouldering all other times. Fitness Center rules apply (including age limits).

#### **FREE FITNESS ORIENTATIONS**

This 45 to 60 minute session is designed to introduce our equipment and the basic components of exercise.

Orientations are given by appointment only. To schedule an orientation please fill out the form. jotform.com/blueashrec/fitness-orientation-request. New members are encouraged to take advantage of this FREE service.

Please note that anyone 10-15 years old is required to complete an orientation before using the Fitness Center.

#### STROLLER TIME ON THE TRACK

Singlewide strollers only, current membership required. Children must remain in stroller while in the Fitness Center. Guest fees apply.

Tuesday & Thursday 9am-11am

#### **FAMILY TRACK TIME**

Parents/guardians must remain with children on the track. Singlewide strollers only. Current membership required. Guest fees apply.

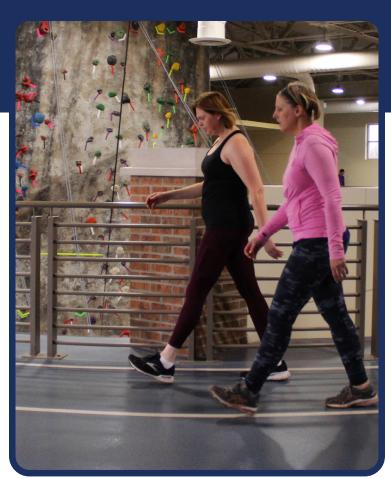
Friday 6pm-9pm Sunday 12pm-2pm



#### **OPEN VOLLEYBALL**

Open volleyball is available upon request by Recreation Center members of all ages. Team practice is not permitted.

5:30-8:30pm Fridays Sundays 12:30-3:30pm



#### **WELLNESS SERVICES**

Our nationally certified personal trainers will design a specialized program and work with you to reach your goals.

#### **Getting Started:**

Please directly contact the staff best suited for your needs to set up an initial consultation. To help you choose who is right for you, full bios can be found at <a href="https://www.blueash.com/fitness">www.blueash.com/fitness</a>. Contact information and hourly rates can be found below. Please note that initial fees may vary.

#### **LEVEL 1: EXPERT TRAINERS**

Now hiring!

Individual Hour: \$35 Individual 1/2 Hour: \$20

Group (2+): \$35/hour per person

#### **LEVEL 2: ELITE TRAINERS**

Evan: 740-424-1162, johnsonec16@gmail.com
Joe: 513-904-1233, elevate.fitness@yahoo.com
Nick: 765-277-4682, deadseriousfitness@gmail.com

Individual Hour: \$45 Individual 1/2 Hour: \$25

Group (2+): \$30/hour per person







#### **LEVEL 3: PREMIER TRAINERS**

Beth: 513-319-6999, <u>b33ans.p@gmail.com</u> Denise: 513-313-4830, <u>dh@wellatude.org</u> Pegi: 513-692-7516, <u>pegideuss@gmail.com</u>

Individual Hour: \$55 Individual 1/2 Hour: \$30

Group (2+): \$35/hour per person







#### **LEVEL 4: MASTER TRAINERS**

Maggie: 513-317-5140.

maggiesmithtraining@gmail.com

Ray: 513-802-4656, <u>the.legndz20@gmail.com</u> Sam: 513-609-8796, <u>brunesam@gmail.com</u>

Individual Hour: \$65 Individual 1/2 Hour: \$35

Group (2+): \$40/hour per person







#### **LEAGUES**

Our leagues are open to the public for those who are 18 years or older. League options include: softball (spring and summer), racquetball (winter and summer), and Ultimate Frisbee



(fall). <a href="mailto:www.blueash.com/leagues">www.blueash.com/leagues</a>
Contact Erica Gorman at <a href="mailto:egorman@blueash.com">egorman@blueash.com</a>
com for more information.

#### **RACQUETBALL**

Season Begins: Week of June 17 Cost: \$25/participant

#### **SOFTBALL**

Softball leagues are offered in competitive and recreational in men's and co-ed.

Men's Softball - Rec and Competitive

Registration: June 17

Season Begins: Week of July 15

Games played on Tuesdays and Wednesdays

Co-Rec Softball Registration: June 17 Season Begins: July 19 Games played on Fridays

#### **GROUP FITNESS CLASSES**

Join our group classes where fitness meets FUN and COMMUNITY CONNECTION! Our diverse range of fitness classes are designed to cater to individuals of all fitness levels and interests, creating a positive, supportive, and energetic environment that promotes health and wellness while building connections within our community. Our certified and enthusiastic instructors are dedicated to helping you reach your personal fitness goals. Whether you're a seasoned athlete or just starting your fitness journey, there's a class for you!

All of our classes, except Jazzercise, Anna's Barrier Free Bootcamp, and Beginner Line Dancing, are FREE for Blue Ash Recreation Center members. Non-members have an opportunity to pay a \$10 daily class drop-in fee or purchase unlimited class passes: 1-month for \$50/month and 6-month for \$250. Both passes are good for all fitness classes.

Scan the QR code for our current schedule.

#### **LOOKING FOR MORE INFORMATION?**

Group Fitness Coordinator: Trena Perrine, 513-745-8435 Tai Chi: Tim Coletta, 513-237-3579







### GROUP FITNESS SCHEDULE Summer 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		M	IORNIN	G		
	RISE & GRIND 6:15 - 7 AM Red Gym	RISE & GRIND 6:15 - 7 AM Red Gym	RISE & GRIND 6:15 - 7 AM Red Gym	RISE & GRIND 6:15 - 7 AM Red Gym		
		GROUP CYCLE 6:15 - 7 AM Studio 2		GROUP CYCLE 6:15 - 7 AM Studio 2		WARRIOR 8:30 - 9:15 AM Studio 1
		TAI CHI <b>7 - 9 AM</b> Studio 1		TAI CHI <b>7 - 9 AM</b> Studio 1		YOGA 8:30 - 9:30 AM Studio 2
	TOTAL BODY FIT 9:05 - 9:50 AM Studio 1	CORE STRONG 9:05 - 9:50 AM Studio 1	TOTAL BODY FIT 9:05 - 9:50 AM Studio 1	CORE STRONG 9:05 - 9:50 AM Studio 1	TOTAL BODY FIT 9:05 - 9:50 AM Studio 1	TRX CIRCUIT 9:15 - 10 AM TRX Unit
	FLEX & FLOW 10 - 10:30 AM Studio 1	YOGA 9:30 - 10:30 AM Studio 2	FLEX & FLOW 10 - 10:30 AM Studio 1	FLEX & FLOW 10 - 10:30 AM Studio 1	YOGA 9:30 - 10:30 AM Studio 2	FIT MIX 10:10 - 11:25 AM Studio 1
	ZUMBA 10 - 11 AM Studio 2	ZUMBA <b>10 - 11 AM</b> Studio 2	ZUMBA 1 <b>0 - 11 AM</b> Studio 2	KICKBOXING 10 - 11 AM Studio 2	ZUMBA 10 - 11 AM Studio 1	
	FOREVER FIT 11:15 - 11:45 AM Studio 1	F – 360 11:15 - 11:45 AM Fitness Center	FOREVER FIT 11:15 - 11:45 AM Studio 1	FOREVER FIT 11:15 - 11:45 AM Studio 1	FOREVER FIT 11:15 - 11:45 AM Studio 1	
	BOOTCAMP 12 - 12:45 PM Studio 1	TOTAL BODY FIT 12 - 12:45 PM Studio 1	BOOTCAMP 12 - 12:45 PM Studio 1	TOTAL BODY FIT 12 - 12:45 PM Studio 1	BOOTCAMP 12 - 12:45 PM Studio 1	
					GROUP CYCLE 12 - 12:45 PM Studio 2	
			VENIN			
	TOTAL BODY FIT 5:05 - 5:50 PM Studio 2	HIIT CARDIO 5:05 - 5:35 PM Studio 1	RIP & RIDE 5:05 - 5:50 PM Studio 2	CORE STRONG 5:05 - 5:50 PM Studio 1		
	DANCE MIX 5:45 - 6:30 PM Studio 1	HIIT CORE 5:45 - 6:15 PM Studio 1	TOTAL BODY FIT 5:45 - 6:30 PM Studio 1			
	FLEX & FLOW 6 - 6:30 PM Studio 2	TRX 6 - 6:45 PM TRX Unit	ZUMBA 6 - 7 PM Studio 2	TRX 6 - 6:45 PM TRX Unit		
	RIP & RIDE 6:40 - 7:25 PM Studio 2		YOGA 6:40 - 7:40 PM Studio 1			
		TAI CHI <b>7:30 - 8:30 PM</b> Studio 1		TAI CHI <b>7:30 - 8:30 PM</b> Studio 1		

\*Studio Availability Subject To Change

ALL FITNESS LEVELS WELCOME!

For more information or sign-up support, contact Group Fitness Coordinator, Trena Perrine Trena Perrine, 513-745-8435 or tperrine@blueash.com

## Class Descriptions







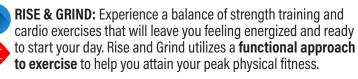
**BOOTCAMP:** This dynamic workout provides a full-body workout through a combination of cardiovascular exercises, strength training, and functional movements. Whether you're a fitness enthusiast or just starting your fitness journey, these classes are suitable for various fitness levels, as exercises can be

modified to accommodate different abilities.



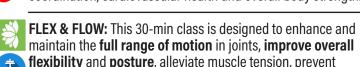
RIP & RIDE: This class integrates two key fitness components: cardiovascular training through indoor cycling intervals and strength training providing a well-rounded cardio fitness and muscular strength workout.

**CORE STRONG:** This 45-min core-focused fitness workout helps improve core strength (abdominals, obliques, glutes, hips, back), build stabilizer muscles throughout the torso, promote better posture, balance and overall functional fitness.



**DANCE MIX:** A fun and energetic workout **combining various** dance styles & strength training to provide a well-rounded workout catered to all fitness levels to help improve coordination, cardiovascular health and overall body strength.

TAI CHI: Tai Chi is made up of slow movements and breathing exercises. Designed to allow chi, or energy, to flow freely throughout the body. Tai Chi will improve balance, health, awareness, agility and coordination.



TOTAL BODY FIT: A comprehensive workout targeting all major muscle groups, providing a well-rounded and efficient workout incorporating a variety of exercises, equipment and training modalities to enhance cardio fitness, strength, endurance, flexibility and mobility.

flexibility and posture, alleviate muscle tension, prevent injuries and promote better functional movement patterns.

**TRX:** A dynamic and challenging workout that utilizes suspension straps anchored to a fixed point, allowing participants to use their own body weight and gravity to build strength, flexibility, balance, mobility, core and joint stability, all while preventing injuries. All ability levels and ages can train on the TRX suspension trainer and achieve great results.

**FIT CIRCUIT:** This dynamic, full-body workout involves a series of exercise circuits or stations with minimal rest between sets each targeting different aspects of fitness, including cardio endurance, strength and overall conditioning.

> TRX CIRCUIT: This unique combination of TRX suspension training and traditional cardio and strength exercises provides a challenging and versatile workout suitable for all fitness levels. Participants move through a series of exercises targeting various muscle groups using both bodyweight and weighted exercises as resistance.

**FIT MIX:** This 75-minute workout challenge includes elements of dance, cardio, strength and toning to provide participants with a well-rounded and dynamic workout experience including a variety exercises and equipment.

> **WARRIOR:** Start your weekend right with this high-energy total-body workout challenge! This dynamic, upbeat and varied workout experience blends elements of strength, cardio, and functional training utilizing a variety of equipment and training methods. Bring your best and let's sweat it out!

**FOREVER FIT:** Perfect class for the active ager or beginner. Emphasizing low-impact and functional exercises to assist with daily living activities that will help increase balance, flexibility, mobility and muscular strength.

> **YOGA:** Our yoga classes combine physical movement, breath awareness, and mindfulness to promote overall well-being and strengthen the body and mind connection. Each unique practice is versatile and accessible to suit individuals of all ages and fitness levels. Improve balance, flexibility, range of motion, mobility, strength, and overall body awareness.

FUNCTIONAL 360: Full body, circuit style workout utilizing the SYNRGY 360 (big red unit) to create a fun, inviting experience for all participants. This equipment provides a wide variety of exercise options and modifications for all levels.

> **ZUMBA:** Zumba fuses Latin and international music with dance themes for a great, dynamic and effective fitness class. The routines combine fast and slow rhythms that tone, sculpt

**GROUP CYCLING:** 45-minute indoor cycling class focusing on cardio challenges and hill climbs utilizing varying speeds and resistance for all participant levels. Improve cardiovascular exercise, endurance, and lower body strength training.

and inspire!

HIIT CARDIO: 30-minute, high-energy, heart-pumping workout delivering cardiovascular benefits, improved power, speed, agility & crushed calories! Participants can expect a challenging but rewarding experience that leaves them feeling energized and accomplished.

> **ZUMBA STRONG:** Combining high-intensity interval training with the science of synced music motivation. In every class, music and moves sync perfectly to push you beyond your limits.

HIIT CORE: 30-minute, time-efficient workout combining high-intense exercises and short rest intervals focusing on strengthening and toning core muscles, maximizing calorie burn and improving strength, stability and endurance.

#### **JAZZERCISE**

Jazzercise® is the original dance party workout. It is an inclusive woman-owned fitness company dedicated to helping people of all ages, sizes and fitness levels live healthier, happier lives through fitness. We believe that working out is about more than looking great—it should make you feel great. The program fuses dance cardio and strength training in a 55-minute sweat session that burns up to 800 calories per class. You'll leave feeling re-energized and ready to take on the world.

Membership with Jazzercise is separate from membership to the Blue Ash Recreation Center.

Single Class Pass: \$25

Monthly Unlimited Pass (EFT): \$79/month

Instructor: Holly Wright, 970-888-1357

Email: <a href="mailto:blueashjazzercise@gmail.com">blueashjazzercise@gmail.com</a>

10-Class Pass (2 month expiration): \$199 Web: <u>jazzercise.com</u> Facebook: <u>Jazzercise Blue Ash</u>

Blue Gym & Studio One*									
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			
10:30-11:30a	6:15-7:15a*	9:30-10:30a	6:15-7:15a*	9:30-10:30a	6:15-7:15a*	8:30-9:15a			
	9:30-10:30a	4:30-5:30p	9:30-10:30a	4:30-5:30p	9:30-10:30a	9:30-10:30a			
	6-7p		6-7p	6-7p*					

#### ANNA'S BARRIER FREE BOOTCAMP



Anna's Barrier Free Bootcamp welcomes individuals of all abilities to complete a group exercise program to encourage a healthy lifestyle, build social skills in a safe manner and have fun. With over a decade of experience working in the community, Anna and her assistant are qualified to support all individuals. Let's get strong together!



Fees: \$15 per class

Days/Times: Mondays & Wednesdays 4:45-5:30pm

Locations: Studio 1



# Online Recreation Center Accounts



- Scan the QR code
  - Fill out form
    - Send •



#### **TENNIS & PICKLEBALL RESERVATIONS**

Play on our outdoor, lighted courts located at the Recreation Center complex. Reservations are required for play April 1st through October. Courts must be reserved online, and by those who are 16 years or older. Courts 1, 5 & 6 are also lined for pickleball.

Scan QR code for more information and courtreservations.



#### **TENNIS CLINICS & CAMP REGISTRATION**

Registration: Begins as follows Residents: Monday, April 1, 9am

Business Members: Tuesday, April 2, 9am

Open Registration (non-affiliated): Monday, April 29, 9am

Registration continues until maximum number is reached or course begins.

#### **YOUTH CLINICS**

All Youth Group Lessons Will Meet For One Hour, One Day A Week For 4 Weeks.

Ages: 7-10 & 11+

Dates: Session 1: Tuesdays, June 4-25 Session 2: Tuesdays, July 9-30 Times: Tuesdays, 5-6pm (7-10 Years) Tuesdays, 6-7pm (11 & Up Years)

Fee: \$40 Per Session

#### **ADULT CLINICS**

All adult group lessons will meet for one hour,

one day a week for 4 weeks.

Ages: 16+

Level: Beginner/Novice

Dates: Session 1: Tuesdays June 4-25

Session 2: Tuesdays July 9-30

Time: 7-8pm Fee: \$40/session



#### **YOUTH CAMP**

Participants will enjoy the sport through instruction and games.

Ages: 7-10 & 11+

Dates: Session 1: Mondays, Tuesdays, and

Wednesdays From June 3-26

Session 2: Mondays, Tuesdays, & Wednesdays

From July 8-31

Times: M, T, W 8-9:30am (7-10 Years)

M, T, W 9:30-11am (11 & Up Years)

Fee: \$75 Per Session

#### **USTA QUICK START PROGRAM**

New and exciting format for beginners 5-6 years old. Students will focus on fun and development of motor skills for success in their future tennis game.

Ages: 5-6 years

Dates: Session 1: Mondays, June 3-24 Session 2: Mondays, July 8-29

Time: 11am-12pm Fee: \$40 per session

#### **MEN'S PRACTICE**

A high-energy practice with skills development to improve your game in all areas. Instructed by Tony Fanning.

Dates: Saturdays

May 18-August 31

Optional Sunday match play

Time: Saturdays, 8-9:30am

Fee: \$20 per session

Instructed by Tony Fanning

For more information call Tony at (513) 509-3350

#### **WOMEN'S INTER-CLUB LEAGUE**

Be a part of the Northeastern Tennis League!

Practices begin the week of May 13th. Practice Dates: Monday 9-10:30am

Tuesday 9-10:30am Wednesday 8-9:30am

Matches: Both home and away and are played on

Fridays from 9-11am.

Fee: \$80, includes one practice weekly

For more information call Tony at (513) 509-3350

#### **JR. INTER-CLUB LEAGUE**

This league is for the competitive player ages 10-16 years. Players will be chosen to play based on practice participation and ability.

Ages: 10-16 years

Dates: Practices on Monday, beginning June 3.

Matches tbd.

Time: Practices on Mondays, 12-1:30pm

Fee: \$50, includes coached practice and matches

#### **BEGINNER PICKLEBALL CLASSES**

Interested in learning about pickleball? This clinic is for you! For four weeks you will meet once a week with an instructor to learn the basics of pickleball. Dates:

Session 1 - Wednesdays, June 5-26 Session 2 - Wednesdays, July 10-31

Times: 6:30-7:30 PM

Fee: \$40

#### **QUESTIONS:**

Email: tennis@blueash.com



#### **BLUE FINS SWIM TEAM**

Ages 5-18 (Members Only)

The Blue Fins Swim Team is for students who have graduated from the Parrot Fish class or who are more advanced and ready for the next challenge in the world of swimming. This is a 10-week swim team that emphasizes fun while swimmers make friends and learn higher levels of swimming, including additional strokes.

The Blue Fins Swim Team practices up to 5 days a week and competes against other local swim teams in the Northern Suburban Swim League. During practice, team members can expect to build endurance, focus on stroke refinement, dive off starting blocks, and work on flip turns.

Fees:

Ages 5-12

\$110 for the first swimmer \$100 for the second family member \$90 for each additional swimmer (12 and under)

Ages 13-14

\$90 per swimmer

Ages 15-18

\$60 per swimmer

Registration: Monday, April 1

Parent Meeting:

Blue Ash Shelter, Monday, May 13, 6pm

Practice Schedule:

May 14-May 29: Evening practices will run Tues, Wed, Thurs from 5:00-6:00 or 6:00-7:00 for all ages. You choose the best time for your family.

June 3: Morning Swim Practice Begins
Monday—Friday
8:00–9:15am Ages 11 and over
9:15–10:15am Ages 9 and 10
10:15–11:00am Ages 7 and 8
11:00–11:30am Ages 6 and under

Swim Meets: Held on Tuesdays and Thursdays Swim Championships: July 15-16 at Sharonville

More information & to register: www.blueashbluefins.swimtopia.com



#### SCHOOL OF FINS: SWIM AND SAFETY GROUP LESSONS

Ages: 3 years to 8 years

The Blue Ash Recreation Center is pleased to bring back the School of Fins: Swim and Safety Lessons in 2024! The School of Fins: Swim and Safety Lessons will emphasize the importance of safety in and around the pool, the basics of freestyle and backstroke and much more! Students can expect to learn an array of safety skills designed to help parents and children feel more comfortable at the pool. Each session is one week in length with each lesson lasting 35 minutes. Each lesson will include safety skills and stroke development. Lessons will be taught by the Blue Ash lifeguards who are excited to teach your child about safety and swimming.

Visit www.blueash.com/swimlessons for the most-up-to-date information.

Fees:

Resident & Member: \$30/session Non-member: \$35/session

Registration:

To register, you can register online, in-person or over the phone (745-8550). We recommend online registration to decrease your wait time at the Welcome Desk.

Session 1 Dates and Registration

Resident Registration: Monday, April 1 9AM Member Registration: Tuesday, April 2 9AM Open Registration: Monday, April 29 9AM Swim Lesson Dates: Monday – Friday, June 10 – 14, rain date, June 17

Session 2 Dates and Registration

Resident Registration: Monday, June 17 9AM Member Registration: Tuesday, June 18 9AM Open Registration: Wednesday, June 19 9AM Swim Lesson Dates: Monday – Friday, June 24 - 28, rain date – Monday, July 1

Session 3 Dates and Registration

Resident Registration: Monday, July 1 9AM Member Registration: Tuesday, July 2 9AM Open Registration: Wednesday, July 3 9 AM Swim Lesson Dates: Monday – Friday, July 8 – 12, rain date – Monday, July 15

Session 4 Dates and Registration

Resident Registration: Monday, July 15 9AM Member Registration: Tuesday, July 16 9AM Open Registration: Wednesday, July 17 9AM Swim Lesson Dates: Monday – Friday, July 22 – 26, rain date – Monday, July 29



Class Level Descriptions:

Guppies: Ages 6 months-3 years

Spend quality time bonding with your child in our class specially designed to bring you closer together. The instructors will focus on safety, blowing bubbles, introduction to floating, kicking, entering and exiting the pool, and much more! Play and learn with your child as you explore the water together. Children must be at least 6 months old and are required to wear disposable swim diapers if not yet potty trained. Class Size Maximum- 1 instructor, 10 participants

Mini Blue Fins: Ages 3-5 years

The Mini Blue Fins class is designed to build comfort and confidence in the water by introducing basic swimming and safety skills with assistance from an instructor. Students will explore the water by blowing bubbles and getting their heads wet, and learning to combine reaching and pulling their arms with straight leg kicks. Other skills taught in Mini Fins include water bobs, front and back float and how to recover from a floating position. Students must be at least 3 years old and comfortable without a parent. Students will spend time in water depths of 3 to 4 feet. Class Size Maximum- 1 instructor, 1 water aide, 6 participants

Lion Fish: Ages 4-6 years

The Lion Fish class focus is on skills requiring less assistance from the instructor to become a more independent swimmer. Skills include submerging the head, retrieving objects below the surface of the water, jumping from the side of the pool, introduction to treading, front and back gliding, introduction to combined stroke on front and back for 5 yards. Students must be at least 4 years old and will spend time in water depths of 3 to 4 feet. Class Size Maximum- Maximum- 1 instructor, 1 water aide, 6 participants

Parrot Fish: Ages 5-7 years

Students in the Parrot Fish class will begin to swim independently with little assistance from the instructor. Skills in this class include an introduction to rhythmic bobs, introduction to rotary breathing, and combined stroke on front for at least 10 yards and combined stroke on back for at least 5 yards. Students will also be introduced to deep water with jumps from the side of the pool, treading, headfirst entry from the side of the pool and entering the pool from the diving board. Students must be at least 5 years old and will spend time in both shallow (3-4 feet) and deep water depths (5-13 feet). Class Size Maximum- 1 instructor, 5-6 participants

Blowfish: Ages 6-8+ years

Students in the Blow Fish class will focus on stroke improvement and breath control, including deep water bobbing. Students will also practice surface dives, underwater swimming, treading water, and diving from the side of the pool. All students must be able to swim independently and be comfortable in deep water. Class Size Maximum- 1 instructor, 6-8 participants

#### **AMERICAN RED CROSS LIFEGUARD COURSES**

The Lifeguard class is for students who would like to receive their lifeguard certification. The Lifeguard Review class is for students who are current American Red Cross lifeguards and their certification is about to expire. Current certification in Red Cross Lifeguarding/ First Aid/CPR/AED is required to participate in the review course.

LIFEGUARD CLASS

Dates: Monday-Friday, June 3-14

Times: 9am-12pm Location: Blue Ash Pool LIFEGUARD REVIEW

Dates: June 17, 19 & 21

Times: 8am-12pm

Location: Blue Ash Pool



#### **BLUE ASH HISTORICAL SOCIETY**

The BAHS members are dedicated to collecting, preserving and telling the story of Blue Ash and its residents. For more information, visit <u>blueashhistoricalsociety.org</u> or email tomnkt421@aol.com.

Days: 2nd Thursday

Times: 1pm

Location: Hunt Room Fees: \$10 annual dues

#### **BRIDGE**

Days: Wednesdays Time: 12-4pm

Location: Lower Level or Cooper Room

Fee: Free and open to the public

#### **FLYERS CLUB**

Days: 1st Wednesday of the month

Time: 9-11am Location: Red Gym

Fee: Free

#### **LUNCHTIME BASKETBALL**

Days: Tuesdays & Thursdays

Time: 11am-1pm Location: Red Gym Fee: Members - Free

Non-Members: \$150 Annual Pass

\$45 3-Month Pass \$10 Daily Pass

#### **SECOND TUESDAY BOOK CLUB**

Join the Blue Ash Library for lively book discussions at the Second Tuesday Book Club. All books are available at the Blue Ash Branch Library. For additional information please call the branch at 513-369-6051.

Days: 2nd Tuesday of the month

Time: 12-1pm

Location: Cooper Room

Fee: Free and open to the public

#### **SHOWBOAT CLOGGERS**

This class will allow you to learn the basic footwork of clogging to a variety of music.

Days: Wednesdays Time: 7:15-8:45pm Location: Studio 2 Fee: \$30/month

Register: Contact Rachel Smith,

rachel@showboatcloggers.com

#### **TABLE TENNIS**

Join us for Table Tennis fun with Northern Cincinnati Table Tennis Club. Bring a paddle and a friend to enjoy a friendly game of Table Tennis.

Days: Sundays 12:30-3:30pm Fridays 5:30-8:30pm

Location: Red Gym Fee: Members - Free

Non-Members: \$5 Daily Pass \$45 3-Month Pass \$150 Annual Pass

Ages: 14+

#### TAEKWONDO & HAPKIDO KOREAN MARTIAL ARTS

Ohio Taekwondo Academy is a family owned and operated business run by Master Troy Gaines Sr., 7th Degree Black Belt in Taekwondo, 5th Degree Black Belt in GHA Hapkido, 4th Degree Black Belt in Tang Soo Do, 4th Degree Black Belt in Moo Moo Kwan Hapkido and Mrs. Karen Gaines, 3rd Degree Black Belt in Taekwondo, 1st Degree Black Belt in Hapkido. For questions contact 513-520-9062 or mastergaines@twc.com or ohiotkdacademy.com.

Registration: During class times Fees: \$55 monthly plus uniform

#### **TAEKWONDO**

The primary focus of this martial arts class is physical and mental development. Students will develop balance, flexibility, power, self-respect, self-confidence, perseverance, and leadership skills.

Ages: 4 thru all adults

Days/Times: Tuesdays & Thursdays 6-7pm

Location: Blue Gym

#### **HAPKIDO**

"The Art of Coordinated Power" is a complete selfdefense system that incorporates the redirection of force found in Aikido and Jujitsu, the devastation joint locks and the throws found in Chinese systems, and the kicking techniques of Taekwondo.

Ages: 8 thru all adults

Days/Times: Tuesdays & Thursdays 7-8pm

Location: Blue Gym

# PRIME TIME 55+ PROGRAMMING

FIRST THURSDAYS BLUE ASH RECREATION CENTER

MAY 2 AT 10AM
CINCINNATI MUSEUM CENTER: CINCINNATI ENTERTAINERS

JUNE 6 AT 10AM
HAMILTON COUNTY PROSECUTORS OFFICE: SCAMS TARGETING YOU!



AUGUST 1 AT 12PM
CINCINNATI BALLET: COSTUMING

SEPTEMBER 5 AT 12PM
CPA JOHN ROTHGEB: WHAT YOU DON'T KNOW ABOUT PERSONAL TAX





#### **TIPPI TOES**

Tippi Toes® instills a love of dance in children ages 18 months-12 years. Our original imaginative music and choreography enrich creativity, motor skills, and body awareness while building each child's self-esteem. Our ballet, tap, jazz, and hip hop classes are fun and exciting for all children! For questions contact Jen at (513) 399-7449 or cincinnati@tippitoesdance.com.

Registration: tippitoesdance.com/cincinnati

Location: Plainfield Room

TINY TOES

Fees: \$65/month

Ages: 2.5-4

Days/Times: June and July

Saturdays 10-10:30am or Saturdays 10:45-11:15am

#### **BALLET, TAP & JAZZ**

Fees: \$74/month Ages: 3-5 & 5-8

Days/Times: June and July

Tuesdays 5:15-6pm or Tuesdays 6:15-7pm or Saturdays 11:20am-12pm

#### TODDLER & ME

Fees: \$65/month

Ages: 18 months-3 with a grown-up present

Days/Times: June and July Saturdays 9:30-9:55am

#### TAEKWONDO & HAPKIDO KOREAN MARTIAL ARTS

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Ages: 8 thru all adults

Days/Times: Tuesdays & Thursdays 7-8pm

Location: Blue Gym





# SUMMER CAMP AT THE REC

#### **ABRAKADOODLE**

www.abrakadoodle.com/ oh-greater-cincinnati-register June 24-28 July 15-19 July 22-26

#### **ENRICHING KIDZ**

www.enrichingkidz.com
June 18, 19, 20 - Better Babysitters
June 18 & 20 - Artistic Expression
June 24 & 26 - Kidz Home Alone

#### **LAFFALOT**

www.laffalotcamps.com June 10-14 June 17-21 July 8-12 July 29-Aug. 2 Aug. 12-16

#### **SKYHAWKS**

www.skyhawks.com June 3-7 July 15-19 Aug. 5-9

#### **SNAPOLOGY**

www.snapology.com June 10-14

#### **TIPPI TOES**

www.tippitoesdance.com/cincinnati
June 17-21
July 15-19
Aug. 5-9



#### **GREATER CINCINNATI EARTH DAY FESTIVAL**

Head to Summit Park to enjoy Earth Day with local exhibitors, music, vegetarian foods, and Madtree Brewing Company's craft beer at one of the best environmental education events in

the region.

Date: Saturday, April 27, 2024

Time: 12-5pm

Location: Summit Park

#### BLUE ASH POLICE DEPARTMENT FISHING TOURNAMENT

More information coming at <a href="https://www.blueash.com">www.blueash.com</a>.

Date: Sunday, May 5

Location: Summit Park Pond

#### THE O.F.F. MARKET

The O.F.F. Market is a monthly marketplace that brings together small businesses, artisans, brewers, bakers, farmers and the like to provide a unique shopping experience that supports strong community connections and strives to grow a hearty local economy.

Date: Saturdays, May 11, June 8, July 13,

August 10, September 14, November 23

Time: 10am-4pm Location: Summit Park

#### BLUE ASH PUBLIC WORKS TOUCH-A-TRUCK

Get up close to and climb inside several Blue Ash Public Works vehicles: snow plows, street sweepers, wheel loaders, and more!

Date: Wednesday, May 22

Time: 4pm-7pm

Location: Summit Park

#### **MEMORIAL DAY PARADE & CEREMONY**

The 72nd annual City of Blue Ash Memorial Day Parade will step off at 10:15am at Reed Hartman Highway and Cooper Road toward Kenwood. A special ceremony will take place after the parade at approximately 11:30am. Go to www.blueashevents.com for application to participate in the parade.

Date: Saturday, May 27 Time: Parade 10:15am Ceremony 11:30am

Location: Cancer Support Community

(4918 Cooper Road)

#### BLUE ASH MONTGOMERY SYMPHONY ORCHESTRA MEMORIAL DAY CONCERT

For more information visit: bamso.org

Date: Monday, May 27 & Sunday, September 1

Time: 7pm

Location: Blue Ash Nature Park

#### BLUE ASH POLICE DEPARTMENT BIKE RODEO

Bring your bikes and the whole family to enjoy a bicycle obstacle course and learn safety skills with

the Blue Ash Police Department.

Date: Wednesday, June 5

Time: 3:30-7pm

Location: Summit Park

#### CINCINNAT FOOD TRUCK ASSOCIATION FOOD FEST

Savor a full day of foodie festivities with over 45 Cincinnati Food Truck Association food trucks. Enjoy local craft beer, live music, fun for the kids, some of

Cincinnati's BEST food and much more!

Date: Friday, June 14 Time: 11am-10pm Location: Summit Park

#### CINCINNATI SHAKESPEARE COMPANY PRESENTS HAMLET

Shakespeare in the Park will be returning to Blue

Ash to perform "Hamlet." Date: Thursday, August 29

Time: 7-9pm

Location: Blue Ash Nature Park

#### FRIDAY CONCERTS AT TOWNE SQUARE

We are excited for you to see the new Towne Square and enjoy some of the best entertainers in the region! Friday night concerts are scheduled to start in August, but may be delayed or canceled due to ongoing construction at Towne Square. Check the online calendar for updates:

www.blueash.com/calendar.

More info on these and other exciting events can be found at www.blueash.com/calendar.

#### Total Solar Eclipse

at Summit Park 4-8-2024



1pm: Solar glasses (available while supplies last) 1:50pm: Start of eclipse 3:07pm: Near total eclipse





# Nature Programming at Summit Park

Bird Walk\* May 19 - 9am

Booth at Summit Cinema June 6 - 7:30pm

Booth at Summit Cinema July 11 - 7:30pm Night Hike\* August 3 - 9pm

Nature Hike\* September 8 - 11am

Booth at Summit Cinema October 11 - 6:30pm



\*Registration required



#### **Summit Park Free Fitness** 2024

Tuesdays: Line Dancing with Erica 5:30PM | Canopy June 4 - September 24 No class July 2

Sundays: Power Yoga with Body Alive 9:00AM | Great Lawn June 2 - September 29

Wednesdays: Hatha Yoga with Stacy
5:30PM | Great Lawn
May 8 - September 25
No class July 3

Sundays: Hip-Hop Zumba with Lori 10:15AM | Canopy June 2 - September 29

Thursdays: Cultural Fusion Zumba with Jeaunita

5:30PM | Canopy June 6 - September 26 No class July 4

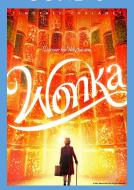


#### **SHARE YOUR PHOTOS!**

Have you captured a great photo of your friends or family enjoying the Recreation Center or one of Blue Ash's parks or events? Share it with us and we might use it in an upcoming activity guide, promotional material or on social media! Email to cfisher@blueash.com or tag us in your social media posts.



JUNE 6



JULY 11



JUNE 20





MOVIES START AT DUSK ON THE GREAT LAWN AT SUMMIT PARK.





#### TUESDAYS | 7-9PM | NATURE PARK

MONDAY NIGHT BIG BAND JUNE 11

JUNE 18 MIAMI UNIVERSITY STEEL BAND

DANIEL BENNETT & THE DIRTY SHIRLEYS JUNE 25

JULY 2 NO CONCERT

JULY 9 THE SUNBURNERS

SYCAMORE COMMUNITY BAND JULY 16

JULY 23 WYOMING WINDS

JUMP 'N' JIVE BIG BAND JULY 30

AUGUST 6 QUEEN CITY KREWE

AUGUST 13 CINCINNATI BRASS BAND

AUGUST 20 USAF BAND OF FLIGHT





#### FRIDAYS | 8-10PM | TOWNE SQUARE

AUGUST 2 MICHELLE ROBINSON BAND

AUGUST 9 SOUL POCKET

AUGUST 16 PARROTS OF THE CARIBBEAN

AUGUST 23 FOREVER DIAMOND

AUGUST 30 DV8

SEPTEMBER 6 EAGLES PROJECT

SEPTEMBER 13 SECOND WIND

#### BLUE ASH MONTGOMERY SYMPHONY ORCHESTRA

**MAY 27** 

CONCERTS STARTS AT 7PM SEPTEMBER 1 IN THE NATURE PARK

















